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BOSTON Wednesday, February 26, 2014 www.metro.us | t: MetroBOS | f: MetroBoston

ALL IN

Winning wager. Revere voters overwhelmingly approved a Host Community Agreement for Mohegan Sun's $1.3 billion resort casino plan at Suffolk Downs. **Double down.** Now the Massachusetts Gaming Commission will decide whether Mohegan or Wynn Resorts' Everett proposal will get the one available license. PAGE 02

Aaron Hernandez reportedly in jail fight

PAGE 02

Gossip: Did Simon Cowell burn his baby?

PAGE 08

The eating disorder you might not know about

PAGE 11

Bruins ready to make noise down stretch

PAGE 13

New Year. New Career. It's never too late!

INFORMATION SESSION

Cambridge Thursday, March 6, 2014 at 6:00 P.M.
INFO/RSVP – info@cambridgecollege.edu

Lawrence Wednesdays at 5:00 P.M. & Saturdays at 10:00 A.M.
INFO/RSVP – lawrenceinfo@cambridgecollege.edu

Cambridge College
www.cambridgecollege.edu
800.829.4723

1 NEWS

Top 3

What's trending online at Metro.us

1 'VIDEO: Kids dance to Pharrell's "Happy"'

2 'VIDEO: Toronto Mayor Rob Ford walks into fire hydrant, injures groin area'

3 'VIDEO: Russian man set on fire before diving off five-story building'

Today's tweet

"Can't we just skip through this week..Can the spring break begin starting tomorrow #StudyingWoes #collegelife #Boston"

Oh, @suhani13790, if only we could time travel.

Wanted man

Chronowski / TRANSIT POLICE

Alleged fraudster arrested for MBTA fare piggybacking

A Billerica man wanted on several charges, including larceny, credit card fraud, identity fraud and forgery, was arrested Monday at the JFK-UMass station after he allegedly snuck through the fare gates as a paying customer entered.

Transit Police said they were issuing a citation to Thomas Chronowski, 27, when they discovered a plethora of warrants for his arrest issued by the Lowell District Court.

Chronowski was also allegedly in possession of heroin, police said. METRO

Pay up

Landlords push for rent escrow

Massachusetts landlords want tenants to be required to deposit rent into an escrow account when there is a dispute between the two parties.

Several property owners told lawmakers on the Housing Committee Tuesday that the difficult economy has led to more tenants not paying their rents. SHNS

Voters approved Mohegan Sun's proposal for the Revere portion of Suffolk Downs with a vote of 7,169 to 4,172. / NICOLAUS CZARNECKI, METRO

Big win for Mohegan Sun, Suffolk Downs

Crucial decision. Voters in Revere approved, for the second time, bringing a casino to their city.

The gamble has so far paid off for Mohegan Sun and Suffolk Downs.

Voters in Revere on Tuesday approved a Host Community Agreement with Mohegan Sun, which is seeking to develop a $1.3 billion resort casino at Suffolk Downs.

Residents accepted the agreement by a vote of 7,169 to 4,172, according to the city's election department.

The outcome was a bigger margin than November's vote, when more than 6,500 people (or about 60 percent) approved the initial agreement. Just more than 11,000 people turned out for that vote.

Tuesday's result means that the Connecticut-based gaming company still has a chance to win the Greater Boston casino license. The Massachusetts Gaming Commission will have to weigh Mohegan Sun's plan against a $1.6 billion plan by Wynn Resorts for a resort casino in Everett.

As the results came in Tuesday night, Mohegan Tribal Gaming Authority CEO Mitchell Etess promised voters they would win the license for Revere.

"We're going to win it for many reasons," he told supporters during a victory party at the track. "Why? We have the best location, with the best access to drive the most gaming revenue and the most taxes for the Commonwealth. It's near the highways, it's near Logan Airport, it's next to the T. Come on!"

Suffolk Downs had lost its original partner, Caesars Entertainment, after the state commission raised red flags about the company's involvement. Mohegan Sun lost a vote in Palmer, where it originally planned to build its casino.

After East Boston and Revere residents split the vote in November, Mohegan Sun partnered with Suffolk Downs and moved the plan for the casino onto 42 acres on the Revere side of the racetrack.

MICHAEL NAUGHTON
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Repeal effort

Regardless of the vote's outcome, the effort to repeal the state's expanded gambling law was well underway Tuesday.

- Casino opponents are gearing up to contest Attorney General Martha Coakley's ruling last year that their ballot initiative to repeal the law was not eligible. The state's highest court will consider arguments later this year.
- No matter what Revere voters decided Tuesday, Joseph Catricala, co-chair of the group Don't Gamble on Revere, recently said, "We're going to move right on to the repeal effort."

Fatality. Elderly man dies after Southie fire

An elderly man who was pulled by firefighters from his burning South Boston home on Saturday succumbed to his injuries Monday.

Andrew Pano, 90, died at Massachusetts General Hospital, the Boston Fire Department said.

The other victim, an elderly woman who lived on the third floor of the E Street building, is still in serious condition at Brigham and Women's Hospital.

The one-alarm fire started in the man's second-floor apartment and was caused by an electrical short circuit, the fire department said. METRO

Spring break

Gov. vacationing in Costa Rica

Gov. Deval Patrick is escaping the return of bitter cold temperatures in Boston and heading for sunshine and warmth in Costa Rica. Patrick left for the Central American country on Tuesday and is scheduled to return Sunday. METRO

Jail fight. Hernandez beat up inmate, TMZ reports

Former Patriots player turned accused murderer Aaron Hernandez allegedly attacked another inmate Tuesday at Bristol County Jail, where he is awaiting trial.

TMZ reported that Hernandez, 24, "beat the guy up pretty good," according to sources.

Hernandez, who is accused of murdering 27-year-old Odin Lloyd of Dorchester last summer, is usually kept away from the general population due to his celebrity status.

He attacked the inmate as the two crossed paths in an isolated hallway, according to the report, after the two "had been beefing all day long." METRO

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Cute chicks

Franklin Park Zoo staff raising African pygmy falcon chicks

Staff at the Franklin Park Zoo have been hand-raising two of the facility's newest residents: a pair of African pygmy falcon chicks.

Officials from Franklin Park Zoo said their facility is one of only a few in North America that successfully breeds African pygmy falcons.

The falcon chicks / ZOO NEW ENGLAND

The zoo said it prefers to have young animals raised by their mothers. However, because the chicks' parents are first-time parents, and their incubation behavior was determined unskilled for successful hatching, the staff at the zoo removed the eggs and decided to hand-rear the chicks.

The chicks hatched on Feb. 3 and Feb. 8. African pygmy falcons are among the smallest of the falcon species and weigh up to 90 grams full grown, the zoo said.

The small raptors are native to eastern and southern Africa.

METRO

One of the ads was on display at Ruggles Station on Tuesday. / NICOLAUS CZARNECKI, METRO

MBTA ads take aim at illegal guns

Operation Lipstick. Ladies Involved in Putting a Stop to Inner-City Killings is on the job.

City leaders hope a new ad campaign being installed in MBTA vehicles will discourage women from carrying and purchasing illegal guns for significant others who can't legally obtain firearms.

The campaign, dubbed Operation Lipstick, kicked off Tuesday at Ruggles Station, encouraging women not to buy, hide or carry illegal guns that law enforcement say often end up being used in crimes.

The banners, which will be displayed throughout the T, show a woman in handcuffs with the headline, "His Crime, Your Time — Holding his gun can land you in jail."

Organizers said the new campaign is one way Operation LIPSTICK is using peer-to-peer education to put a stop to violent inner city crimes.

Suffolk District Attorney Daniel Conley recounted two recent incidents in which women were caught carrying firearms for male criminals.

One involved an 18-year-old woman who was in possession of crack cocaine and a semiautomatic gun with 14 rounds of ammunition. Her male companion, 28, only had $1,900 in cash, but police believed the gun and drugs to be his.

"He took all the money, she took all the risk," he said.

Boston Police Commissioner William Evans said 83 illegal guns have been pulled off city streets so far this year, and several of them were taken from women.

"That's alarming," Evans said. "We haven't seen that in the past."

MORGAN ROUSSEAU
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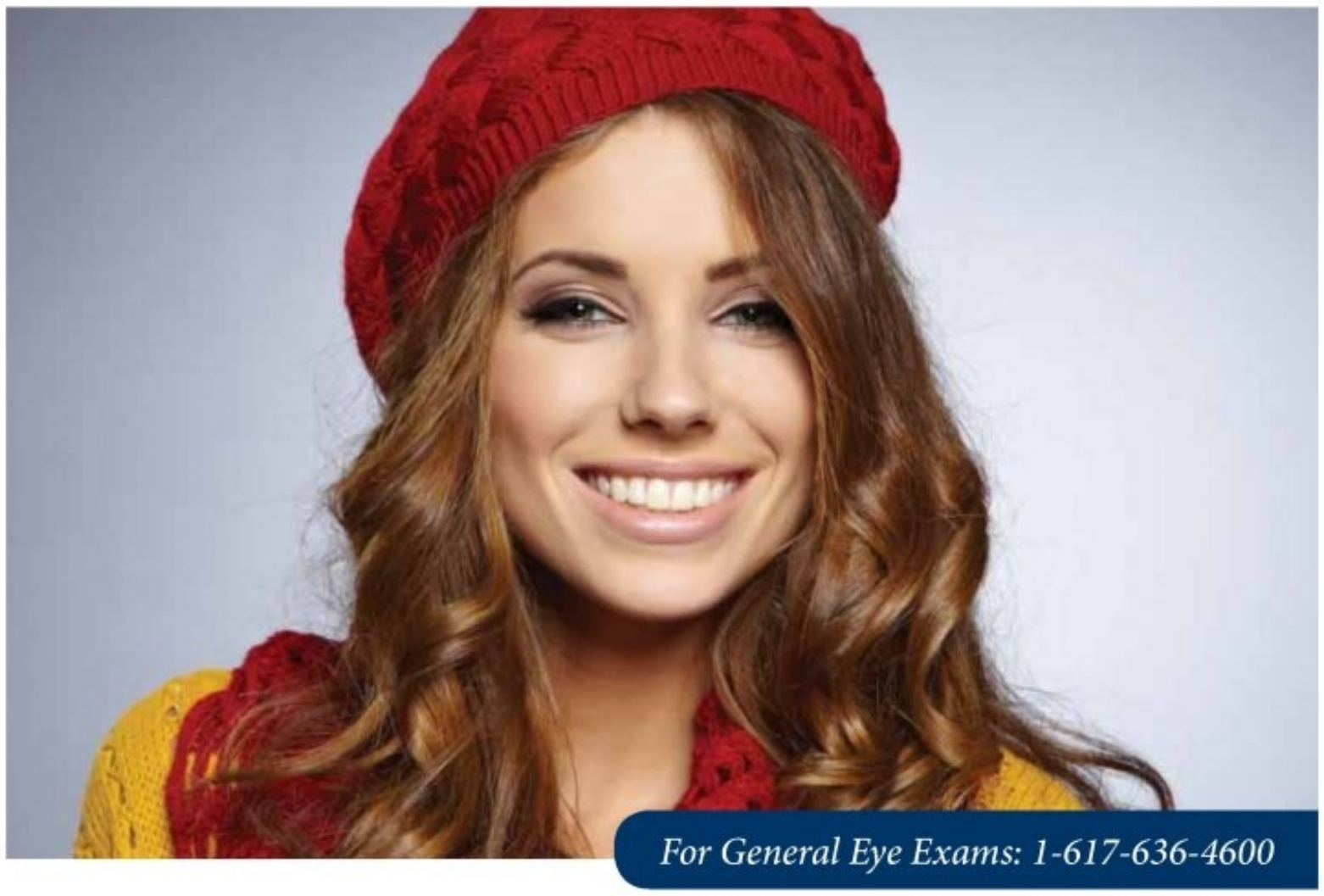
Rider insight

Asked for her reaction to the ad, T passenger Dira Barbosa said she thinks there is a deeper issue that needs to be addressed.

- "I'm not saying that this initiative won't work. It may tailor some of it, but I also feel like maybe it won't tailor the majority of it. ... People know that smoke is bad for them, but they'll do it anyway. And there is a reason why they're doing what they're doing. [The ads] may help a little bit, but I don't think it will completely cure the issue."



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Weekend vigil planned for missing BU alumnus

'Horrific' weeks. The father of Eric Munsell said the gathering will be held on Saturday.

Family and friends of a Boston University alumnus who has been missing for nearly three weeks plan to hold a vigil this weekend near where he was last seen.

Eric Munsell, 24, who lives in the North End, was last seen late on Feb. 8 during a night out with friends to celebrate his birthday at a downtown Boston bar, according to Boston police and his family.

Munsell's father, Keith, said on Tuesday that a vigil is being planned for 6 p.m. Saturday near the New England Aquarium, one of his son's favorite places to visit and near where he was last seen. Munsell grew up in New Jersey, and his father said some of his friends from there will be coming up for the vigil.

Munsell / BOSTON POLICE

"It's tough. The vigil, I don't think it's going to help Eric, but I think it could help a lot of his friends," Keith Munsell said. He and Munsell's mother came to Boston just days after their son went missing.

Boston police put out a missing person alert asking for the public's help.

Police and Munsell's father said he was removed from Market on Broad Street about 11:25 p.m. and that the last video sighting of him came near 255 State St. at about 12:30 a.m. Sunday. His phone then went dead at 12:45 a.m.

Friends created a Facebook page to gather support and to share information in the search for Munsell.

Anyone with information can call 617-343-4248.

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Copper topping

Woman busted breaking into ice cream factory

Jennifer L. Coppell, 34, of Wayland, was arrested over the weekend for allegedly breaking into the Breyers ice cream plant in Framingham, but it wasn't a hot fudge sundae she was hunting for.

After an alarm at the facility was triggered, police searched for intruders and found Coppell, who had a crowbar and bolt cutters in her possession.

A building manager reported to police that 20 pounds of copper had been stolen. METRO

Data collection

State to track bullying trends

To identify trends in bullying, the Massachusetts House today is expected to pass legislation that creates a statewide data reporting system.

Four years after passing an anti-bullying law, legislators believe a reporting mechanism on bullying incidents will allow them and educators to better identify trends and allocate resources.

The data would be culled by the Department of Elementary and Secondary Education on an annual basis in a report submitted to the Legislature. SHNS

Framingham supermarket linked to measles cases

Two confirmed cases of measles in the Metro West area have residents on high alert. The Trader Joe's supermarket on Route 9 in Framingham has been declared the location where hundreds of shoppers may have been exposed to the disease. / NICOLAUS CZARNECKI, METRO

AG Holder

States do not have to defend gay marriage bans

The Obama administration on Tuesday offered verbal support to state officials who decline to defend their own states' bans on same-sex marriage, entering cautiously into legal fights that are playing out across the United States.

U.S. Attorney General Eric Holder spoke to a conference of state attorneys general less than a week after Oregon's attorney general said her office would cease its defense in federal court of the state's gay marriage ban, a decision that followed similar moves by her counterparts in Nevada, Pennsylvania and Virginia.

Chief state legal officers generally are bound to defend laws that are on the books, regardless of whether they agree with them, and Holder said any decision to do otherwise must be rare and founded on constitutional arguments. REUTERS

Quoted

"But, in general, I believe we must be suspicious of legal classifications based solely on sexual orientation."

Holder told the National Association of Attorneys General

The breach of Target's computer networks during the holiday shopping period resulted in the theft of an estimated 40 million credit and debit card records and 70 million other records with customer information. / GETTY IMAGES

Oversight panel wants to see documentation on Target breach

Congressional sources. This is the first time the majority on the committee has sent such a request to Target Corp.

A House of Representatives committee with broad investigative jurisdiction has turned up the heat on Target Corp., demanding that the retailer turn over internal documents and messages describing how and when it learned of a recent massive consumer data breach.

In a letter made available to Reuters, the House Committee on Oversight and Government Reform requested that Target turn over all documents or communications generated between Nov. 1 and Dec. 13, in which Target employees or "agents" discuss "any suspicion" that a data breach had occurred.

The committee set a deadline of March 1 for Target to turn over the materials. If the company does not fully comply, the committee majority has the power to issue a subpoena forcing the company's compliance.

In its letter, dated Feb. 24, the committee says it also wants any documents generated between Nov. 1 and Dec. 19 referring to discussions about notifying others about the data breach, and any documents generated since Dec. 12 in which any federal agency advised the company to avoid providing information to Congress. REUTERS

Retailer

3

Target is the No. 3 retailer in the United States.

Survey

Recent hacks spur new company cyberspending

Almost 60 percent of top firms in the United States, Canada, Britain and Australia have boosted their spending on cyberdefenses following the theft of millions of customers' data from retailer Target and other big companies, a report said.

A survey by BAE Systems Applied Intelligence of senior IT officials in companies ranging from banks to mining, technology and law showed U.S. firms already spending 15 percent of their entire IT budgets on improving security. The number is expected to rise. REUTERS

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Weight Loss Research Study

Right now, doctors at both Boston Medical Center and Brigham & Women's Hospital are accepting participants for a new weight loss research study. If you are overweight and between the ages of 21 - 65, you may qualify to participate.

The study is for a reversible, minimally-invasive investigational weight loss procedure designed to reduce the calories absorbed after a meal. The study also includes a comprehensive weight loss support program.

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Obama ready for no troops in Afghanistan at the end of the year

Holding out. The Afghan president is refusing to sign agreement to leave troops behind.

President Barack Obama has told the Pentagon to prepare for the possibility that the United States will not leave behind any troops in Afghanistan after its troop drawdown at the end of this year, the White House said on Tuesday.

Obama said he had given the order to the Pentagon in a phone call on Tuesday to Afghan President Hamid Karzai, who has refused to sign a bilateral security agreement that the United States insists it must have before agreeing to leave a contingent of troops behind.

"Specifically, President Barack Obama has asked the Pentagon to ensure that it has adequate plans in place to accomplish an orderly withdrawal by the end of the year should the United States not keep any troops in Afghanistan after 2014," the White House said.

Karzai's refusal to sign a security deal has frustrated the White House, which has been forced to abandon an earlier demand that the Afghan president sign the deal in weeks, not months.

Staking out a new position, the White House statement said "we will leave open the possibility of concluding a BSA (bilateral security agreement) later this year. However, the longer we go without a BSA, the more challenging it will be to plan and execute any U.S. mission."

And the longer both countries go without a security deal, "the more likely it will be that any post-2014 U.S. mission will be smaller in scale and ambition," the White House statement said. **REUTERS**

Troops in Afghanistan / GETTY IMAGES

Troops

8K

The United States has held out the possibility of leaving behind in Afghanistan as many as 8,000 troops after the formal drawdown at year's end. These troops would conduct counter-terrorism operations against al Qaeda targets and train Afghan forces.

Obama: Chicago, Detroit to get $140M for job hubs

The Obama administration is committing $140 million for the two manufacturing innovation initiatives led by the Defense Department, according to the White House. Another more than $140 million from the private sector will support the two centers in Chicago and Detroit, the White House said. "We've got to make sure we're on the cutting edge of new techniques and technologies," Obama said at the White House event. Revitalizing manufacturing will have "a ripple effect throughout the economy," he said. **BLOOMBERG** / GETTY IMAGES

No warrant

Court ruling eases search of suspect's home

The Supreme Court handed a victory to law enforcement agencies by making it easier for police to search a dwelling without a warrant.

The court held on a 6-3 vote that police can search a home without a warrant, even if the suspect has objected, as long as he is no longer on the scene and a co-tenant gives consent.

It made no difference that the suspect, Walter Fernandez, had earlier objected to the police entering the apartment before police took him outside, the court concluded.

The ruling was a loss for Fernandez, who had wanted evidence found during the search to be suppressed as a violation of the right to be free from unreasonable searches and seizures under the Fourth Amendment. **REUTERS**

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Nataliya L., USA Vein Clinics Patient
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CULTURE

THE WORD

Dorothy Robinson takes on the world of gossip.

DOROTHY ROBINSON
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dorothy.robinson@metro.us

Miley Cyrus seems to be saying she'll never go to Neverland.

1

Cyrus will not be Tinker Bell

Time to slow down with those Miley Cyrus-in-"Peter Pan" rumors, Star magazine. A recent report in the tabloid suggested in an article titled "Just call her Twerker Bell" that the "We Can't Stop" singer was eyeing the role of Tinker Bell in NBC's upcoming live broadcast of the musical, claiming it is her "dream role." Cyrus took to Twitter to refute the claim, posting a photo of the offending article along with the comment, "I would rather choke on my own tongue." And we all know how fond she is of her tongue.

No beach baby for Cowell

Simon Cowell is learning firsthand just how hard it is to parent in the public eye. After photos like this surfaced of Cowell holding 10-day-old son Eric on a Miami beach on Monday, mommy bloggers around the world spit out their placenta smoothies to go on the attack for his bad parenting.

"The sun? Simon, babies' skin is like parchment paper this young....That kid is gonna look 45 when he's a teen," mommy blog The Stir chastised. In regards to the photos and the fact that Eric flew in a plane (most doctors recommend no air travel until 3 months old because of air pressure concerns), a commenter on another site said, "I know I was told no flying or sun exposure until they were at least 6 months old. I guess these two are just idiots that ignore what a Dr tells you."

To be fair, the photos show that Cowell and co. hid out most of the time underneath a shade and Eric did don a cap. As for me, I'm more aghast at poor baby Eric getting a mouthful of Cowell's chest hair than him being on the beach.

Eric Cowell learns how not to breast feed. / ALL PHOTOS GETTY IMAGES

3

Get ready for Dunham on 'SNL'

Exciting news for all you "Girls" fans (and haters) out there — Lena Dunham will host "Saturday Night Live" on March 8, according to The Wrap. [Editor's note: How much nudity is allowed on NBC on Saturday night at 11:30?] The musical guest that night will be The National.

"SNL" returns this Saturday with Colin Jost joining Cecily Strong in the newly vacated "Weekend Update" chair. Former "Weekend Update" anchor Seth Meyers left the gig to host NBC's "Late Night," which premiered Monday.

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Taking down an ego 'Ten Stories' high

See more at www.metro.us

Going off the rails. MewithoutYou singer discusses overcoming an "intoxicating sense of self-importance."

"I don't have a precise singing voice. And I don't have a pretty voice," says Weiss, center. / AMIE SANTAVICCA

Listening to the sprawling, almost haphazard indie rock of mewithoutYou's "Ten Stories," one might not expect that the man behind those volumes of lyrics to be so mindful and understated. That is exactly what we encounter with the gentle-toned Aaron Weiss though, as he reflects on the Philadelphia quintet's latest record and what could have been if he had never played music.

"I don't know what my life would have been like if I had never done this," Weiss muses. "In some ways, being in a band has probably done me more harm than good. For a long time, it filled me with an intoxicating sense of self-importance. In a sense, the more pride you have the less you are aware of it."

Set to a sprawling array of guitar-heavy epics sprinkled with folk instrumentation, "Ten Stories" tells the tale of a circus train that crashed in Montana in the 1880s and the animals and circus performers caught in the aftermath. Weiss uses the backdrop of the crash to explore the choices that we make and our abilities to exercise free will. It sounds hifalutin, but in Weiss' hands, the metaphors are timeless.

"We are always talking about how we are chained to a job or chained to a marriage or chained to an ideology," he says. "I wonder if actually having a set of rules to abide to ... actually gives us the ability to find a deeper freedom within."

If you go

mewithoutYou

Thursday, 8 p.m.
The Sinclair
52 Church St., Cambridge
$16-$18, 617-547-5200
www.ticketmaster.com

JONATHAN DONALDSON
letters@metro.us

TV watch list

TALK

'Ellen' and 'Jimmy Kimmel Live'

It's a special day of cross-promotion at ABC as their two biggest hosts, Ellen DeGeneres and Jimmy Kimmel, guest on each other's shows. Ellen is gearing up to host the Oscars, but Jimmy might have some big news as well. **4 AND 11:35 P.M. ABC**

Jimmy Kimmel sits down with Ellen, and vice-versa. / ABC

DRAMA

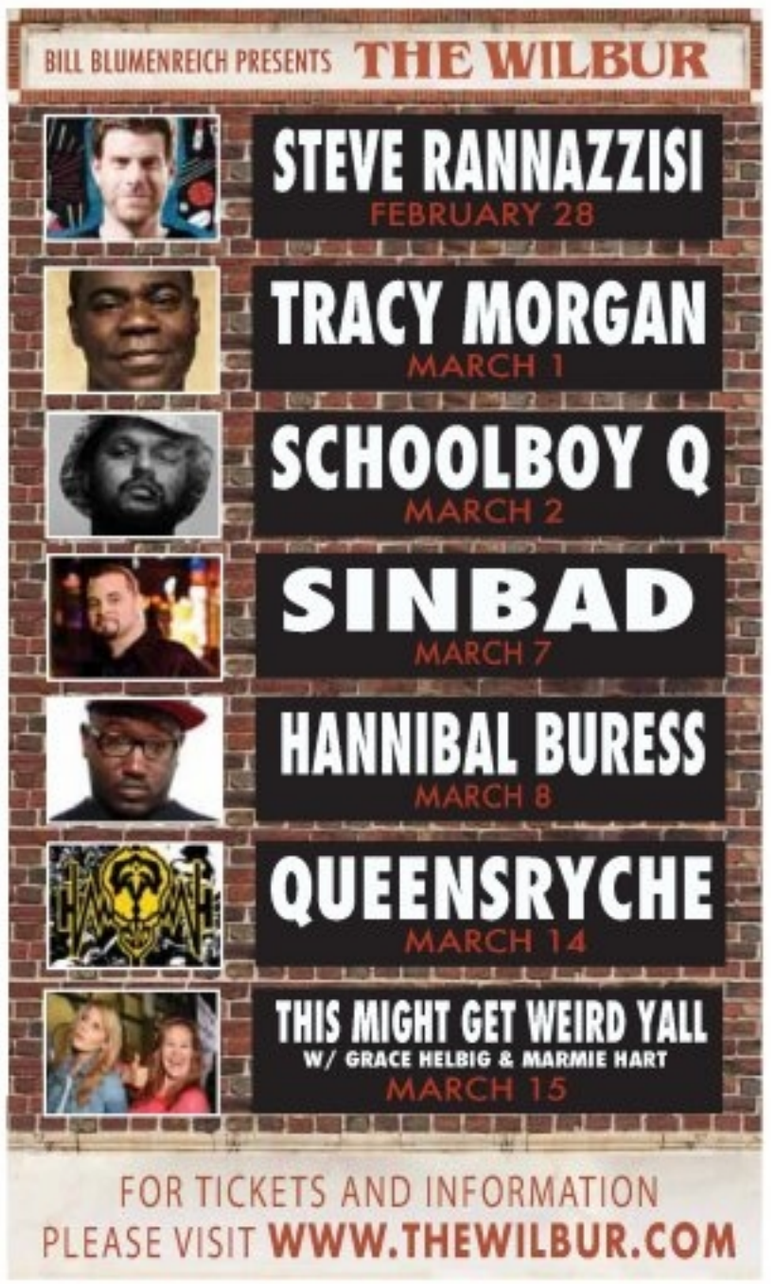
'Revolution'

Monroe and Connor face new challenges to surviving in New Vegas. Elsewhere, Miles is skeptical of Neville and Jason's desire to bring down the Patriots. **8 P.M., NBC**

COMEDY

'Modern Family'

This surprisingly well-adjusted, dysfunctional family has the remarkable ability to approach edgy topics in a witty, yet wholesome manner. Tonight a feud with Phil's nemesis spills over into a wrestling match between their sons. **9 P.M., ABC METRO**



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CARBON MONOXIDE – WHAT YOU MAY NOT KNOW

By Attorney George Warshaw

A few days ago, a Legal Seafoods restaurant in New York suffered a carbon monoxide disaster. A carbon monoxide leak in the basement killed its general manager. Numerous others were affected as well.

Carbon monoxide (CO2) is an odorless, colorless, tasteless gas that can't be detected by our human senses. It kills you and you don't even know it's there.

Carbon Monoxide detectors are required in every apartment home that has or uses gas, natural gas or propane.

It doesn't matter whether the gas is used for cooking or heating. Gas is a combustible fuel and emits carbon monoxide.

If your home or apartment uses natural gas, the detector needs to be on or near the ceiling. Since natural gas is lighter than air, CO2 will rise to the ceiling and that's where the alarm needs to be.

A simple floor level wall outlet plug-in detector won't be of much help if the carbon monoxide is accumulating by the ceiling. It may kill you before a floor level alarm may go off.

Propane, often used with heaters and gas grills, is heavier than air. The detector must therefore be placed close to the floor. A floor level plug-in may work best. A combination smoke and C02 ceiling detector therefore may not be of much help.

Stay safe! © 2014 George Warshaw.

GWA

George Warshaw is a well-known attorney and author. He represents buyers and sellers of homes and condos in Massachusetts, litigates real estate matters, and prepares wills, trusts, and estate plans. George welcomes new clients and questions. Contact him at metro@warshawlaw.com.

PLUS
Vital Stats
One North of Boston
One North of Boston features studio, one-, two- and three-bedroom apartments, ranging from about 590 square feet to 1300 square feet. Rents from $1395 to $2450 per month. For more info: 617-889-8030. www.OneNorthofBoston.com

If the model unit is any indication, One North is next-level Chelsea. / ROXANA PERDUE PHOTOGRAPHY

Chelsea gets some class

Deluxe Living.
Newly built apartment building One North of Boston brings high design and top amenities to Chelsea.

There's still a "little touch-up to be done," as Damian Szary puts it, but One North of Boston began leasing this month, ready for residents to move in this April. Within two weeks, 10 percent of this $50 million residential development in Chelsea was snapped up.

"We are one mile from Boston and a lot more affordable than comparable highly designed buildings downtown," says Szary, of Gate Residential. "One of the reasons we were originally so excited about this project is Chelsea's proximity to downtown. It's even nearer than a lot of Boston neighborhoods."

This joint venture between Gate Residential Properties and TransDel Corp utilizes local designers and offers up all the latest buzzwords in furnishings and finishes — quartz countertops, stainless appliances, resin-infused bamboo flooring. South End-based architect Dennis Duffy added enormous oversized chandeliers to the two-story atrium lobby, each clad in glass mosaic. The lobby's sculptural installation wall was created by Radlab in Charlestown. South Boston-based Artaic created the mosaic tile while South End landscapers, Landworks Studio, had the task of turning the 7,000 square feet of outdoor space into an attractive "backyard" with a swimming pool, gas fire pit and grills.

One North has livability, too. The nearby commuter rail can whisk residents into North Station, or outbound to Newburyport. Communal amenities include a CrossFit studio, lounge and on-site dog day care.

LINDA LABAN
lelless@metro.us

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When eating healthy turns dangerous

Too far. Being extra rigid with your diet can have scary consequences.

National Eating Disorders Awareness Week goes through March 1. If you suspect you or a loved one has a problem, visit NEDAwareness.org. / STOCKBYTE

LINDA CLARKE
letters@metro.us

It may sound hard to believe, but people are becoming sick because they're too vigilant about eating healthy food. Dubbed orthorexia, this eating disorder develops when people obsess about avoiding "bad" foods, and the condition can lead to malnutrition and, in extreme cases, death.

"We've seen an increase in folks who are looking to their food to be 'right' or pure," says Bonnie Brennan, MA, a Colorado-based certified specialist of eating disorders and the clinical director of the Adult Partial Hospitalization Program at the Eating Recovery Center. "They see food as 'good' or 'bad,' and they also want to be perceived as eating healthily and somehow perfect," she emphasizes. "But restricting foods can lead to a lack of protein or vitamins, and people can become sick."

Similar to anorexia and bulimia nervosa, orthorexia is usually rooted in underlying emotional or psychological pain, or trauma such as rape or bullying. It mostly affects the same personality type, too.

"Generally, these are sensitive, care-taking types — people-pleasers who lose sight of themselves," says Brennan. "We see underlying depression and anxiety. Events happen in life that trigger them into limiting what they eat. They stop recognizing the difference between healthy eating and unhealthy obsessiveness about what they eat."

The condition can then spiral outward. "They can focus on what other people eat and critique it as 'good' or 'bad,' too," Brennan says. "They become obsessive about nutrition in general. I often say my patients know more about nutrition than our nutritionists."

Media bombardment of what to eat or not doesn't help. "Eating disorders are a casualty of the war on obesity," Brennan adds. "Food is continually deemed 'bad' or 'good.' At the center, we challenge patients by exposing them to foods that they are convinced will poison them and make them sick. We try to build psychological flexibility and normality."

Help

Know the signs

Treating orthorexia means teaching patients to have a healthy attitude toward eating healthy food. But what should you look for if you suspect you or someone you know might be suffering?

"If a person's diet is stopping them from engaging in family meals, or they won't break from their routine, or can't take a road trip because the foods they eat might not be available, then there's a problem," says Brennan. "They have extreme anxiety and guilt if they stray from the foods they deem good. They experience increasing social isolation and drop out, or put their life on hold."

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— JOANNE GRACE, BU certificate awarded 2010

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Horoscope

♓ Pisces | Feb. 19-March 20. Be businesslike in your dealings. Someone may be overly interested in your personal life. Keep them guessing about your private matters, and be careful not to reveal too much.

♈ Aries | March 21-April 20. Preparation and organization will be key today. Someone may not be forthright regarding a touchy situation. If you wait until the last minute, you risk becoming overwhelmed.

♉ Taurus | April 21-May 21. Make plans to have fun with friends, or arrange an outing with your lover. Deal with your responsibilities in advance so that no one will find fault with your actions.

♊ Gemini | May 22-June 20. Your clever ideas and innovative solutions will lead to a moneymaking venture. Determine exactly what you want to achieve and then work hard in service of your goals.

♋ Cancer | June 21-July 22. It's a good day to review paperwork and financial records. Make changes to improve your savings and investments. Reward yourself by spending a romantic evening with someone you love.

♌ Leo | July 23-Aug. 22. You are in a romantic mood today. Don't get carried away and offer untrue or frivolous declarations of your feelings.

♍ Virgo | Aug. 23-Sept. 22. It's time for a little pampering. Lift your spirits by getting together with your special someone or by treating yourself to a new look or outfit.

♎ Libra | Sept. 23-Oct. 22. It is not necessary to seek approval from others for all of your plans. You can gain a new perspective by exploring new locations.

♏ Scorpio | Oct. 23-Nov. 21. Trying to please others will only cause you frustration. Although people may have your best interests at heart, focusing on your own goals will keep you on the sure path to success.

♐ Sagittarius | Nov. 22-Dec. 21. With determination and self-discipline, one of your many hobbies could prove profitable. A close look at your various interests may reveal the opportunity for financial gain that you have been seeking.

♑ Capricorn | Dec. 22-Jan 20. Following your intuition will lead to inspiration. However, persistence, determination and dedication will be the necessary ingredients for positive results.

♒ Aquarius | Jan. 21-Feb 18. Changes are on the horizon. Make the effort to expand your knowledge and insights by joining a club, class or other activity that is interesting to you. BERNICE BEDE OSOL

Letters

Global warming is a laughing matter

Re: 'Do we need a reason to clean up the Earth?' (Metro, Feb. 25) To climate change hysterics like letter writers Richard Feinberg and Brian Beck: The time has come to ridicule anyone who doesn't agree with the very unsettled notion that the Earth is warming because of industry. Unless you support the unpopular taxing of carbon or a global treaty that heavily weighs on the U.S. making most of the "sacrifice," it's time to "man up." I never laughed out loud reading the Metro letter section until yesterday when a tree-hugger told me to "man up." And Brian Beck thinks any legislation related to climate change is guaranteed to create a better world. Stop getting your news from "The Daily Show" and Mother Jones cartoons, "men."

KEVIN METZ, VIA EMAIL

Online

Read letters at Metro.us

In addition to news, features, updates and more, Metro is posting letters to the editor at Metro.us.

Arizona law a slippery slope

So a bill under consideration in Arizona would allow a business owner to refuse service to gays and others if the owner believes that doing so violates the practice and observance of his or her religion. So, the question that I would ask (besides the obvious one of constitutionality), is how do you determine if a customer is gay? Perhaps we should require them to sew rainbow badges on their coats.

Or how about African-Americans or Jews or Mormons or Catholics?

GREGORY HOLMAN, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

3				1		4		5
			8					
6	1		9	5			8	7
	7			6		9	2	
	8	6		7			3	
5	2			8	4		9	6
					2			
1		9		3				2

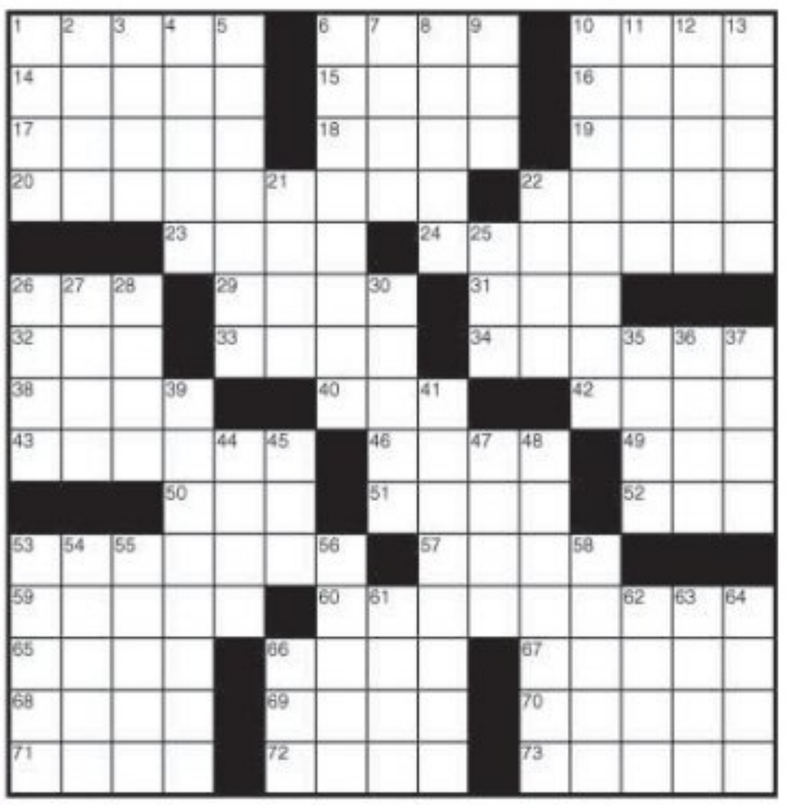
6	2			5	1		7	
		4	7				5	
7						6	1	2
			5	9				
	6			4			3	
				2	6			
9	7	5						6
	3				4	7		
	4		9	7			2	1

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across
1 Faux pas
6 Sergeant's supper
10 Checked in
14 Exhausted (2 wds.)
15 "Ow!"
16 Pilots' sightings
17 City conduits
18 Wooden horse site
19 Any – in a storm
20 Just out of the oven (2 wds.)
22 Black eye, slangily
23 Garage event
24 Flirts with
26 Cheyenne's st.
29 Seldom seen
31 Neighbor of CTRL
32 Facilitate
33 Shangri-la
34 Bilk
38 Hiss
40 Rave VIPs
42 Queens stadium
43 Bray
46 Canute's foe
49 Kegler's target
50 Sporty truck
51 "3:10 to —"
52 Dissenting vote
53 Macaws
57 Beaded shoes
59 Put in a row
60 They take a licking
65 Takeout (2 wds.)
66 Dry riverbed
67 Coffee emanation
68 Wave away
69 Harrow rival
70 Genuine
71 Patio view
72 Broken-off glacier
73 Vowed

Down
1 Londoner's umbrella
2 Jai —
3 Go wild over
4 Conclusion
5 Trap
6 Cared for
7 Drachma's successor
8 F. — Fitzgerald
9 Not forward
10 Personal taste (3 wds.)
11 Run – of the law
12 Telegraph code
13 Sen. Kefauver
21 Tall flower
22 Diploma –
25 U.K. fliers
26 Laundry load
27 "Holy cow!"
28 Fat cat's victim
30 Relish
35 "MNF" network
36 "Wool" on clay sheep
37 Counting-out start
39 Marshall of the Supreme Court
41 Slouching
44 Like — — of bricks
45 Drench
47 "Famous" cookie maker
48 Beauty treatments
53 Easy mark
54 Wahine's welcome
55 Strictness
56 Flash flood
58 Tool box item
61 Dumpster output
62 Trademark
63 Kuwaiti leader
64 Overindulge
66 eBay milieu



Yesterday's answer

B	A	N	E	■	G	A	P	E	D	■	A	P	E	D
A	R	F	S	■	A	L	I	B	I	■	C	A	V	E
G	I	L	T	■	S	C	U	B	A	D	I	V	E	R
■	■	■	O	R	E	O	S	■	M	O	D	E	R	N
■	■	T	E	R	E	S	A	■	Y	O	G	I	■	■
M	A	L	I	B	U	■	H	E	N	■	T	R	O	D
A	N	I	L	■	P	L	E	A	D	■	Y	O	Y	O
E	N	D	■	■	E	M	T	■	■	M	S	T	■	■
V	E	E	P	■	L	E	A	S	E	■	D	A	T	E
E	D	D	Y	■	U	R	L	■	M	A	R	N	E	R
■	■	■	R	A	C	Y	■	M	E	T	E	O	R	■
S	A	F	A	R	I	■	C	O	R	E	D	■	■	■
C	H	A	M	E	L	E	O	N	S	■	G	O	A	D
A	S	T	I	■	L	O	T	T	O	■	E	N	Y	A
T	O	E	D	■	E	S	S	E	N	■	D	E	E	M

You can use your smartphone to discover today's crossword answers — right now! Download and open the Blippar app on your smartphone and hold the screen over the puzzle. It's that easy!

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Bruins' second-half push to the playoffs begins now

NHL. The Bruins will be battling fatigue in a post-Olympic schedule that is road-heavy.

With the glow from the Sochi Olympics slowly wearing off, here are three things to pay attention to when it comes to the Bruins for the rest of the regular season, and for what they hope is another long postseason run:

Zdeno Chara has 13 goals and 13 assists this season for the Bruins. / PAUL BERESWILL, GETTY IMAGES

How will the Olympians play?

1 The biggest thing to watch coming out of the break is how their five Olympians (Tuukka Rask, Zdeno Chara, David Krejci, Loui Eriksson and Patrice Bergeron) recover from the travel and games. All five played in at least four games while in Sochi and one could make the case that these five are the B's top five. It's hard to predict how the jet lag, time difference, and mental and physical fatigue will play a role in Boston's season the rest of the way. A side benefit might be the fact that head coach Claude Julien was an assistant for the gold medal-winning Canadian team. He obviously didn't play in any of the contests, but more than someone who was in the States over break, he should have a better idea of how his players are feeling in the next couple of weeks.

Getting enough rest for Rask, Chara

2 Even if this wasn't an Olympic year, we'd still be talking about making sure the team is fresh down the stretch. Finding a balance for Rask and Chara is central to Boston's success this spring. With Chad Johnson's emergence in net as Rask's backup, Julien won't be losing much sleep when he considers benching his franchise goaltender from time to time. Rask isn't the biggest player, so he tends to get worn down when he makes too many starts in a short period of time. Julien hates to ease back on Chara's superhuman workload, but this time he might finally have to change his tune. The Bruins don't have a replacement for Chara (who does?) but giving him a game off here or there could really help the captain by the time the playoffs roll around in mid-April.

Don't be afraid to be road warriors

3 Boston is 14-10-2 on the road so far this season, which is fine, but the B's will need to improve on that mark in their last 25 games since 15 of them are on the road. The Bruins will have to get used to life away from TD Garden soon as they have a three-game road trip in early March and a four-game road swing at the end of March and into April. The B's will likely be a top seed in the playoffs, so technically they won't need to win too many road games to advance. Still, a road "W" sprinkled in never hurts matters.

RICH SLATE
sports@metro.us

Mark your calendars

Notable Bruins games to watch in the second half:

- **Wednesday, Feb. 26:** Bruins at Sabres. It's the first game for the B's in 2.5 weeks. How will Boston look coming out of the Olympic break?
- **Wednesday, March 12:** Bruins at Canadiens. Boston is 0-2 against their archrivals to the north this season.
- **Thursday, March 27:** Blackhawks at Bruins. The Bruins lost the Stanley Cup Final rematch in a shootout in Chicago on Jan. 19.
- **Sunday, April 13:** Bruins at Devils. Boston closes out the regular season in New Jersey.

The Stanley Cup playoffs begin on Wednesday, April 16.

3 SPORTS

On the fly

Rondo not on team flight

Celtics president of basketball operations Danny Ainge said he plans to speak with Rajon Rondo this week about a flight from LA to Sacramento last weekend that the C's new captain did not make.

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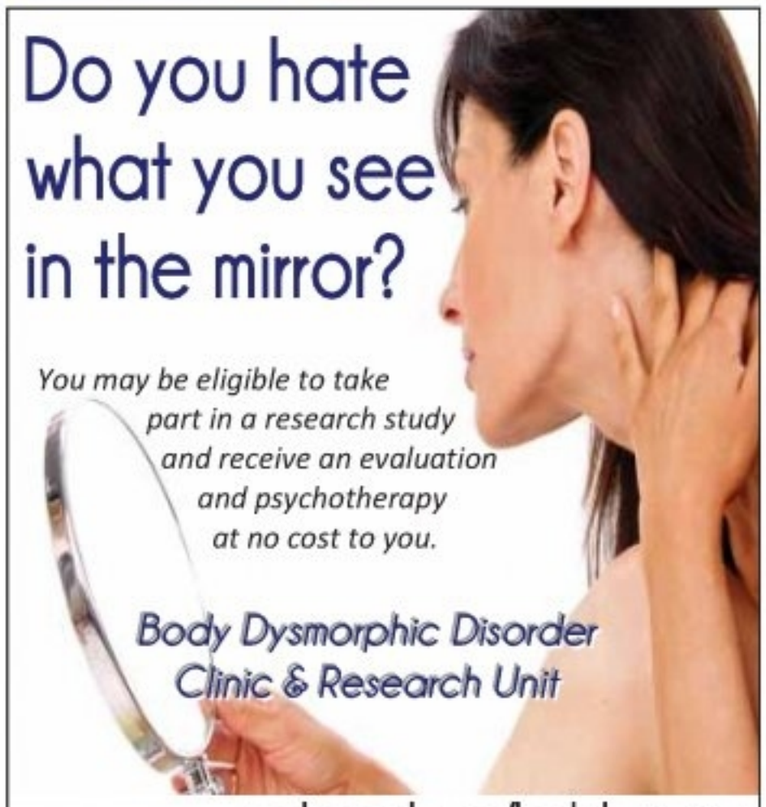

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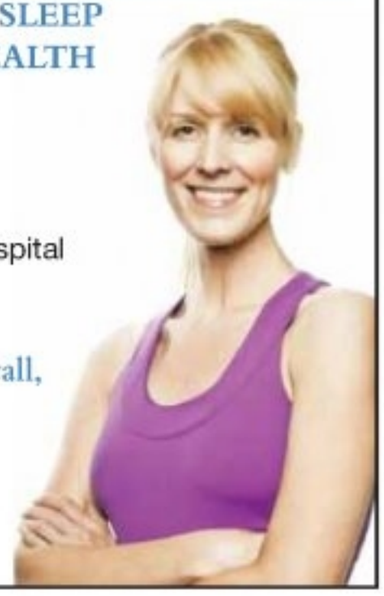

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Legal Notices

CITATION G.L c.119 section 23(a)(3)
Docket No. SU13A0170CW
Commonwealth of Massachusetts
The Trial Court
Probate and Family Court
Suffolk Probate and Family Court
24 New Chardon Street, Boston, MA 02114
617-788-8300
In The Matter of : CARLOS POMALES

TO: SANDRA PEREIRA OF JAMAICA PLAIN, MA
TO: CARLOS POMALES, LAST KNOWN OF CHELSEA, MA AND NOW OF PARTS UNKNOWN

A petition has been presented to said court by **Dept. of Children & Families** of Boston, MA requesting that said court finds that said child(ren) is/are under the age of eighteen(18) and is without proper guardianship due to the death, unavailability, incapacity or unfitness of the parent or guardian.

Any decree under the provisions of the General Laws of Massachusetts, Chapter 119, section 23 (a)(3), gives custody of the child(ren) to the Department of Children and Families and authorized the Department of Children and Families of an agency commissioned by the Department to determine the child(ren)'s place of abode, medical care, and education; to control the visits to the child(ren); and to give consents to enlistments, marriages and other contracts requiring parental consent.

IF YOU DESIRE TO OBJECT THERETO, YOU OR YOUR ATTORNEY MUST FILE A WRITTEN APPEARANCE IN SAID COURT AT: BOSTON ON OR BEFORE TEN O'CLOCK IN THE MORNING (10:00 AM) ON MAY 1, 2014.

YOU ARE ENTITLED TO THE APPOINTMENT OF AN ATTORNEY IF YOU ARE AN INDIGENT PERSON. An indigent person is defined by SJC RULE 3:10. The definition includes but is not limited to persons receiving AFCD, EAEDC, poverty related veteran's benefits, food stamps, refugee resettlement benefits, Medicaid, and SSI. The Court will determine if you are indigent. Contact an Assistant Register/Adoptions Clerk of the Court on or before the date listed above to obtain the necessary forms.

WITNESS, Hon. Joan P Armstrong, First Justice of this Court.

Date: December 23, 2013
Patricia M Campatelli
Register of Probate

CITATION G.L c.119 section 23(a)(3)
Docket No. SU13A0169CW
Commonwealth of Massachusetts
The Trial Court Probate and Family Court
Suffolk Probate and Family Court
24 New Chardon Street, Boston, MA 02114
617-788-8300
In The Matter of : DAVID WALKER

TO: THE UNKNOWN FATHER OF PARTS UNKNOWN
TO: THE UNKNOWN MOTHER OF PARTS UNKNOWN

A petition has been presented to said court by **Dept. of Children & Families** of Boston, MA requesting that said court finds that said child(ren) is/are under the age of eighteen(18) and is without proper guardianship due to the death, unavailability, incapacity or unfitness of the parent or guardian.

Any decree under the provisions of the General Laws of Massachusetts, Chapter 119, section 23 (a)(3), gives custody of the child(ren) to the Department of Children and Families and authorized the Department of Children and Families of an agency commissioned by the Department to determine the child(ren)'s place of abode, medical care, and education; to control the visits to the child(ren); and to give consents to enlistments, marriages and other contracts requiring parental consent.

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WITNESS, Hon. Joan P Armstrong, First Justice of this Court.

Date: December 23, 2013
Patricia M Campatelli
Register of Probate

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